



**MIDDLE HARBOUR YACHT CLUB**  
**THE COMPASS ROSE CRUISING LOG**

Volume No. 36 No. 8 September 2016

Editor: Phil Darling

**NEXT MEETING:** Monday September 19<sup>th</sup>, 7:30 p.m.  
B.Y.O. BBQ 6:30 p.m.10

**GUEST SPEAKER:** Peter Davidson  
EPIFB and Sat Phone hire



*The Birthday Cake  
40 years of the Cruising Division*

## CRUISING DIVISION OFFICE BEARERS – 2016 - 2017

<b>Cruising Captain</b>	Michael Mulholland-Licht	0418-476-216
Vice-Commodore Cruising	Michael Mulholland-Licht	0418-476-216
Secretary	Evan Hodge	0419-247-500
Treasurer	Evan Hodge	0419-247-500
Membership	Kelly Nunn-Clark	0457-007-554
Name Tags	Lena D'Alton / Jean Parker	
Compass Rose Coordinator	Committee Members	
Safety Coordinator	Bill Allen	9977- 0392
Waterways User Group	Mike McEvoy	9968-1777
Sailing Committee	Michael Mulholland-Licht	0418-476-216
Guest Speakers	Committee Members as required	
On Water Events Coordinator	Evan Hodge, Michael Mulholland-Licht, Phil Darling, Kelly Nunn-Clark	Michael 0418-476-216 Phil 0419-247-500
On Land Events Coordinators	Kelly Clark, Gill Attersall	
Committee Members	Michael Mulholland-Licht, Phil Darling, Dorothy Theeboom, Kelly Nunn-Clark, Evan Hodge	



### Editor's note:

**Deadline** for the next edition of the Compass Rose, is **Friday 30<sup>th</sup> September 2016**

The **EDITOR** for the next Compass Rose is **tba.**

Please forward contributions via email to the editor:

Opinions expressed in the Compass Rose are those of the contributors, and do not necessarily reflect opinions of either Middle Harbour Yacht Club or the Cruising Division

### ***MHYC Cruising Division Program 2016/17***

<b>September</b>	3 <sup>rd</sup>	Opening Day, Sailpast & Commodores' Front Up Cup
	17 <sup>th</sup> & 18 <sup>th</sup>	090 plus Sugarloaf Raft-up
	19 <sup>th</sup>	Cruising Division Meeting
<b>October</b>	30 <sup>th</sup> to 3 <sup>rd</sup>	Newcastle Challenge & Lake Macquarie Cruise (tides look OK)
	6 <sup>th</sup>	Twilight Racing Starts
	17 <sup>th</sup>	Cruising Division Meeting
	29 <sup>th</sup>	Sydney Harbour Trek – MHYC Feature Event
<b>November</b>	12 <sup>th</sup> - 13 <sup>th</sup>	CD Harbour Navigation Trek
	21 <sup>st</sup>	Cruising Division Meeting
	26 <sup>th</sup>	Seven Islands Race – MHYC Feature Event
<b>December</b>	TBC	Christmas Party (replaces December meeting)
<b>January 2017</b>	14 <sup>th</sup>	January Cup & 2 Handed Race – MHYC Feature Event
	16 <sup>th</sup>	Post New Year BBQ and get together.
	26 <sup>th</sup>	Australia Day
	28 <sup>th</sup>	Chaos and Bedlam Point Cup – MHYC Feature Event
<b>February</b>	20 <sup>th</sup>	Cruising Division Meeting
	24 <sup>th</sup> & 25 <sup>th</sup>	Gosford Challenge
	TBA	Late Summer Cruise
<b>March</b>	11 <sup>th</sup> & 12 <sup>th</sup>	Harbour Night Sail and raft-up.
	20 <sup>th</sup>	Cruising Division Meeting.

## Captain's Column – September 2016



Greetings fellow cruisers,

The August meeting saw Husam Dajani give an entertaining account of his cruise from Dubai, UAE to Kas, Turkey in a Beneteau Oceanis 45 with three friends. While they managed to avoid the Somalian pirates, they encountered a few unlikely marina and official



“pirates”, happy to lighten their wallets. Anyone planning to pass through the Suez Canal might be advised to have a chat with Sam first.

It was inspiring to hear a brief update of Lee Laurie's USA and Caribbean adventures in her Island Packet, both with crew and solo. We look forward to when Lee can return to present her full story at a later date.

The Long Lunch and 40th Anniversary celebrations of the Cruising Division on Sunday August 21 was a special day. The 34 attendees enjoyed a wonderful meal topped of by an extraordinary anniversary cake baked and decorated in code flags by Dorothy Theeboom. Having past commodores, Tig Thomas, Keith Tierney and Ian Box, plus past Vice Commodore Cruising, Phil Darling and many long-term members present enabled a rich oral history of the Division to be told around the table. As always the alternate skippers played an important role. Thanks especially to Jean Parker and Maralyn Miller.

Opening day was an unusually quiet event this year with only 4 yachts, including 1 Cruising Division in the sail past. The weather forecast of gale plus rain probably scared a few off. Kids enjoyed the water slide and those in attendance enjoyed a brunch provided by the club. It was questionable that the Commodore's Front up Cup would go ahead with the gusty Westerlies, but it did.

The September speaker will be of interest to both cruisers and racers. Peter Davidson will update us on satellite phone and EPIRB options to enhance our communications and safety at sea.

See you on the water or at the Club, living the dream!

Michael Mulholland-Licht, Cruising Captain & Vice-Commodore Cruising.  
SY. "Bliss"



**Scenes from the Opening Sailpast**

**Nashira Starring**



**Galan Enthusiastic**



**Next Meeting:** **Monday September 19<sup>th</sup>, 7:30 p.m.**  
**B.Y.O. BBQ 6:30 p.m**

**Guest Speaker:** **Peter Davidson**

**Presentation:** **“EPIFB and Sat Phone hire”.**

Peter Davidson has been racing boats since the age of 9 including all the major ocean races north. Peter and Caroline started epirbhire.com.au after the tragic loss of the 'Excalibur ' crew back in 2000.

We progressed to include satellite phones in 2005 and currently have over 500 out on hire. The satellite phone and data services have changed dramatically over the last few years. There is not much we don't know about the hand held satcom market. Our sales and rental service offers 24/7 support, this keeps us on our toes.

**Cheese Plate September Meeting:** **Dorothy Theeboom**

**Enveloping October Compass Rose:** **TBA**

**October Meeting:** **Monday October 17<sup>th</sup>**

**Guest Speaker:** **Dr Olivia De Bergerac**

**Presentation:** **“Dolphins in Sydney Harbour”**

You have all seen how there are more dolphins in our harbour, this was Olivia's dream. Olivia will talk about bring that dream into reality and facilitating their return.

Dr Olivia De Bergerac was born in France and grew up by the Mediterranean with her brother working for Jacques Cousteau on Calypso. With a PhD in psychology and an MBA, she has worked in France, UK and USA, but since 1988 called Australia home.

Founder of the Dolphin Society – a non for profit organization – Olivia researches and develops dolphin therapy, while working as an Executive Coach through her own company Altus Pacific.

## **FUTURE EVENTS:**

### **Preliminary program for the Newcastle Challenge Weekend September 30 – October 3**

Middle Harbour Yacht Club invites all eligible boats to participate in the inaugural Middle Harbour to Newcastle Challenge.

The challenge is a new addition to the MHYC event calendar to cater for those with a competitive spirit combined with a relaxed, fun filled long weekend on Lake Macquarie. The combined fleet of MHYC, NCYC and LMYC yachts should make this one of the more exciting events of the year.

Notice of Race is available from the NHYC web site under Sailing > Regattas & Championships > Middle Harbour to Newcastle Challenge

The program is:

- 30 Sep      Race/ Cruise MHYC – NCYC.  
                 Finish – Offshore.  
                 Berth and BBQ - NCYC
- 1 Oct        Race/Cruise NCYC – Swansea -  
                 The Newcastle to Lake Macquarie Challenge  
                 Start                    1000 hours  
                 Start Line            NCYC Scratchley's start line  
                 Finish                Moon Island finish line.  
                 Skippers to complete a declaration  
                 Tide window: 11:00 - 1300 TBC  
                 Swansea Bridge    1600 hours
- Berthing at LMYC and social evening
- 2 Oct        Race/Cruise with LMYC. Lake Treck to lunch location/ venue
- 3 Oct        Return home to MHYC or NCYC or stay on in LMYC

#### **NCYC will**

- 30 Sep      Set up a finish line for the MHYC race/ Cruise  
                 Provide Rum Runners for the finishing boats  
                 Provide a buffet BBQ Friday \$30 to be paid in advance  
                 Berthing – 50% reduction.
- 1 Oct        Breakfast  
                 Race Start

NCYC will write the NOR and Sis for the Newcastle LMCY Challenge

NCYC's Licensed Club, situated at the marina, is available for meals and refreshments.

Friday night (30 September) an after race gathering a cost of **\$30 per person**. Details and bookings will be available on the NCYC website [www.ncyc.net.au](http://www.ncyc.net.au)

Saturday morning (1 October 2016) breakfast and espresso coffee will be available from 0700 hrs in the Club.

Bathroom facilities are available at the NCYC's Commercial Centre, up stairs near the entry to the Marina Office. Access is by swipe cards, which are available from the office or from welcoming NCYC volunteers.

### **September 17/18 – 090 and Sugarloaf Raftup**

Join in with our offshore “taster” – a short runout to sea on an easterly course (090 degrees), followed by a raft up and convivial evening back in Sugarloaf Bay.

Full details to be announced – contact Michael for details in the meantime.



**The Long Lunch August 21st**



## CD Quiz – September 2016 by Phil Darling

1. What is the fog signal for a vessel proceeding under sail? For a vessel proceeding under motor?
2. You see a navigation marker painted (from the top down) black, then yellow, then black. It is clearly a cardinal marker, but which one? What is the method for telling cardinal markers by colour alone?
3. A vessel shows, on the mast, a white all round light above a red all round light. In fog what would it sound?
4. Why is it dangerous to pass astern of a vessel showing three white masthead lights in a vertical line?
5. What is the difference between a masthead and a fractional rig?
6. At night, which navigation mark (if lit) shows a white light which may be either occulting, or isophase, or morse A?
7. On what chart projection is a great circle route represented by a straight line?
8. What navigation term refers to the effect of the wind blowing a vessel sideways?
9. What VHF channel is the DSC distress signal transmitted on?

## Members Planned Cruises:

Adventurers here is your chance to announce to your MHYC community upcoming cruises you are planning. The idea behind this section is to allow the possibility of others heading in the same direction to cruise in company to destinations near and far. These are not MHYC CD events but cruises being undertaken by members inviting others to join them in the spirit of adventure and comraderie.

Last month Nashira notified of their intention to cruise to Tasmania in mid to late January. This month our division "mother ship" Flemingo is giving their intention of a similar trip. Sounds good in Hobart at the Wooden Boat Show and later cruising!

### Flemingo - Tasmania Late January 2017

MV Flemingo has again been invited to exhibit in the Hobart Wooden Boat Festival, so we will be heading south in late January. The cruise will be in two parts, with flexible crewing options.

The cruise down will be as direct as weather permits, to allow time for a cruise in SE Tasmania before the Festival.

The cruise back after the Festival will include stops around NE Tasmania and a few stops up the NSW coast. Timing will of course be weather dependent.

Rendezvous and crewing enquiries are welcome at [john@flemingo.biz](mailto:john@flemingo.biz)



## Update on Regulations from Roads and Maritime

RMS Advised that they are developing the RBAG (Regional Boating Advisory Groups) to align with the regional boating plans locations (11 State-wide RBAGs one of which is Sydney Harbour). It is not envisaged to remove User Groups although RMS would not chair but provide a member (the BSO). Work is continuing to establish RBAG and further information will be delivered at the next MHUG.

Members are advised of the following changes in the Maritime Safety Regulations:

### 1. Lifejackets:

- a. Lifejackets must be worn according to the manufacturer's specifications
- b. A lifejacket must be in good condition
- c. Lifejacket standards have been modified (now referred to a "lifejacket level 50S", or "lifejacket level 100") according to the new edition of AS4758
- d. The old clause allowing operation without a lifejacket if within 100m of shore has been removed – if you have to wear a lifejacket (see boating safety regs) then you have to wear it from the moment you leave the shore.

2. Registration labels do not have to be affixed to vessels any more, in line with motor vehicles. Mind you we will have to await the new Blue Book to see if the change is made there as well.

Thanks to Mike McEvoy – our representative on the MHUG (Middle Harbour User Group)

## CD Quiz by Phil Darling – September 2016– Answers

1. A vessel proceeding under sail in restricted visibility makes one long and two short blasts at least every two seconds. For a vessel proceeding under motor it is one long only every two seconds.
2. Black/Yellow/Black is an east cardinal marker. The rule (at least it works for me) is to imagine the tips of the cones pointing to the black colorations(s). thus -if this one had a top marker – it would be two cones with the points outwards – so east.
3. Four short blasts every two seconds – it is a pilot vessel on duty.
4. This is a vessel with a long tow astern – over 200 metres long.
5. In a masthead rig the forestay is attached to the top of the mast; in a fractional rig it is attached below the top of the mast.
6. A Safe Water marker – sometimes called a Fairway Bouy.
7. Gnomonic Projection.
8. Leeway.
9. VHF 70.
10. As the front comes through you would expect the wind to back which will swing it towards the south west or south. This would head you severely and push your track well to the south. It may be worth while tacking across onto port tack after this comes through.

## PHOTO CORNER COMPETITION 2016



### *September Winner.....Photo of the Month..*

Each Month the best photo received by the writer will go into the running to win a prize to be announced at the end of the year.

The panel of judges will deliberate and award a bottle of hand selected wine to the eventual winner. To be eligible you must submit your photo *before* the closing date for contributions.

**Only one photo per month (as a JPG / JPEG) to be submitted.**



***This month's Winner is .....John Eastway  
"A Host of Halversons..."***

***This night shot is a good illustration of a slow exposure combined  
with a small aperture to yield a good depth of field.***

Remember, ... to be in the running to win the prize you must be in it.

**Hint** ..Give your favourite photo a Title and Place taken.

Submit your photo and **only** to <[paul\\_wotherspoon@bigpond.com](mailto:paul_wotherspoon@bigpond.com)>.

**Good Shooting ...!! Paul Wotherspoon.**





USE YELLOW CELLS ONLY	CRUISING DIVISION PARTICIPATION POINTSCORE CALCULATION SHEET																				
	JAN - DEC 2016																				
	DATE =	Feb 15-21	Mar 12-18	Apr 23-25	May 21-22	Jun 11-12	Sep 17-18	Oct 1-3	Nov 12-13						Compass	Attendance	Technical	TOTAL			
EVENT =	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th						Rose	at	Corner			
ENTER CREW FOR EACH		Gosford Cruise	Wish & Raft up	Anzac Cruise	Lane Cove River	Check Safety	090 & Raftup Sugarf	Lake Macq	TBA						Feature Articles Points	Monthly Meeting Points	Projects complt'd Points	CUMUL' SEASON POINTS			
YACHT	No. Nights	2	1	0	1	1	1	2	1						2	1	3				
Sanctum	Crew															0	5	0	5		
	Noel & Jean																				
Bliss	Crew															2	6	0	11		
	Michael & Astrid																				
Breeze	Crew															6	3	0	9		
	Bill & Helen																				
Dignity	Crew															0	0	0	0		
	Peter & Sue																				
eXpresso	Crew															2	6	0	8		
	Phil & Maralyn																				
Flemingo	Crew	2	1		1	1											0	4	0	16	
	John Eastway	2	1		1	1															
Galan	Crew															0	0	0	0		
	Mike & Hilary																				
Jabiru	Crew															2	4	0	6		
	Mike & Suzanne																				
Jenzminc	Crew															0	0	0	0		
	Andy & Jen																				
Kachina	Crew	2														2	3	0	11		
	Trevor/Lena	2																			
Mereki	Crew															0	1	0	1		
	Richard																				
Nashira	Crew	2		3	2											6	7	0	23		
	Evan & Kelly Clark		1		1	1															
Rapture	Crew	0	1		1	1											6	7	0	19	
	Paul & Anne		1		1	1															
Simply Irrestible	Crew															10	3	0	16		
	Glynne & Gill																				
Shazam	Crew															0	0	0	0		
	Colin & Scott																				
Galaxy 3	Crew	2				2											2	5	0	16	
	Chris & Diane	2				1															
Slack'n'Off	Crew	2	2				2											4	4	0	20
	Gabriele & Martin	2	1				1														
Caviar	Crew															0	6	0	12		
	Max & Dot Theeboom																				
Altair	Crew															2	7	0	9		
	Kieth Watson																				
No. of Boats =		4	5	0	7	4	0	0	0	0	0						Points 23				
<p>Boat = 1 Point per Night  Crew = 1 Point per Night per Person.  Skippers are deemed to sleep on their own boat.  Crew are averaged, if not present for all nights of the event.</p> <p>Compass Rose Articles = 2 points per feature  Representation at Meetings = 1 point per month  Technical Projects implemented = 3 points each</p> <p>First 3 Bottles of Wine  Second 2 Bottles of Wine  Third 1 Bottles of Wine</p> <p>Skippers are required to email &lt;paull_wotherspoon@bigpond.com&gt;with results to receive points</p>																					

The Leading Boat is... **Nashira**

## **BUY, SWAP and SELL**

**SELL - New, Carbon Fibre Rudder Kit**, from our 38 ft day sailor "Revolver" complete and ready to install onto any yacht from say 25 ft to 40 ft. Rudder has been tested and has worked beautifully but we have changed steering systems and carbon rudder system is now surplus to needs.

DETAILS:

- Lift out foam core/carbon rudder blade in white
- Strong carbon rudder housing
- 316 stainless pintles and gudgeons and 316 through bolts, nuts and washers ready to fasten onto stern
- lift up foam core/carbon 2m tiller
- Light weight and fully tested and offering great high performance control.

Costing over \$ 14,000 will sell for \$5,000 ono

**Contact:** Bruce Ritchie - Ph: 0419436151 - Email: [Bruce.ritchie12@bigpond.com](mailto:Bruce.ritchie12@bigpond.com)

**SELL - GILL Off Shore Wet Weather Gear sized XXL with Musto Safety harness** used only a few times, also thermal pants and top I wish to sell and will take a reasonable offer. All gear is near to new. **contact:** Peter Dally on 9453-2951 or 0415-249-093

**FREE TO GOOD HOME - Chain Odds and Ends.** Stainless 5.5 M gauge 7mm (as new) Gal chain 9M gauge 7mm heavy duty galvanising no rust. **contact:** Lloyd on [lloyd.marie@bigpond.com](mailto:lloyd.marie@bigpond.com) or mob: 0409-401-008

**WANT to BUY + possible SWAP - We would be interested in buying a decent dinghy with Sail** for use as a beach tender. Something like a Walker Bay dinghy. As possible part swap we have an old style plywood dinghy in very "ordinary" condition but serviceable and with wheels. **contact:** Jeff on [jfwille@bigpond.com](mailto:jfwille@bigpond.com)

**SELL - Stainless Steel Anchor Chain with Anchor Rope Spliced Chain 12M (gauge 7mm) Rope 16M (10mm) as new \$140.00 contact:** [loyd.marie@bigpond.com](mailto:loyd.marie@bigpond.com)

## Buy Swap and Sell (cont)

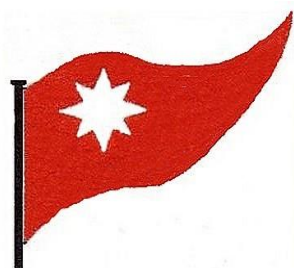
**SELL - Teak 3 Loop Hand Rails. 83 cm long.** Cost \$100 the pair, will sell for \$20 the pair. Never used. **Contact:** Noel Parker on [jnparker@live.com.au](mailto:jnparker@live.com.au)

**SELL - Danforth Anchor 24kg (52lb) heavy gal.** \$60  
**contact:** Noel Parker on [jnparker@live.com.au](mailto:jnparker@live.com.au)

**SELL - Jabsco Marine Toilet Mk 3.** Cost \$329 new, sell for \$50 ONO. Had little use.  
**Contact:** Noel Parker on [jnparker@live.com.au](mailto:jnparker@live.com.au)

**WANT to BUY – Raymarine C70 Classic Multi Function Display chart-plotter.** Do you have an old C70 sitting around? Need it to replace our system **Contact:** Evan Hodge on [ehodge@ibt.com.au](mailto:ehodge@ibt.com.au) or 0419-247-500

**Members are invited to submit articles of approximately 800 - 900 words on subjects with a sailing theme, including personal sailing adventures, book reviews, sketches, jokes, and so on. Write your article with title, your name and boat name, and email to the editor.**



The Cruising Division of MHYC meets on the 3<sup>rd</sup> Monday of each month, and uses as its sailing pennant a flag with a white compass rose on a red background.

MHYC Cruising Division members invite a raft-up or cruise in company whenever they fly our pennant, which we refer to as 'the compass rose'.

The Cruising Division newsletter is titled 'The Compass Rose Cruising Log' and is published monthly. The newsletter is also available through the MHYC web-site at [www.mhyc.com.au](http://www.mhyc.com.au)